



Immaculate Conception Catholic School

November 2019 Newsletter

November 2019

Website: immaculate.scdsb.edu.on.ca

Volume 1, Issue 3

Facebook @ImmaculateConceptionCatholicSchool

Twitter @ImmaculateCon11

Instagram @immaculatecougars

Important Dates to Remember:

- Progress Reports Sent Home — November 11
- Parent/Teacher Interviews — November 14 (4-6 pm)
- Scholastics Book Fair — Starts November 12 (4 days)
- P.A. Day (no school) — November 22

November is a Busy Month at Immaculate!

by Mr. Mathieu

Fall is by far my favourite season. Who doesn't enjoy observing the leaves from the trees and plants changing into multi-colored works of art before finally falling away? The bare and vulnerable branches that are created reveal the true and beautiful scenery underneath. It is also a very busy time at our school with a number of activities under way. Starting on November 1, many classes are going skating on Fridays! Skating is a wonderful activity that all staff and students can enjoy, while at the same time improving everyone's motor skills and coordination. This month, we are also celebrating a number of important events, such as Treaties Recognition Week (week of Nov. 4), Remembrance Day and our Virtue of the Month acknowledgements (Nov. 11, Mme Mundy's class), Bullying Awareness & Prevention Week (week of Nov. 18) and La Ste Catherine on November 25. The staff at Immaculate is quite busy preparing a number of activities to highlight these important events. We are also having our photography company LifeTouch drop in on November 4 to do picture

retakes. If you would like to have a photo retaken, send a note to the homeroom teacher and it will be our pleasure to take another photo of your son or daughter. Don't forget that popcorn is now available every Wednesday—you are welcome to send \$2.00 with your child on those days if you weren't able to take advantage of our pre-order sales. We are quite excited this month to be hosting our fall Scholastics Book Fair. The Book Fair has something for everyone and it is a great way to get kids excited about reading. Thank you so much to our parent volunteers who agreed to organize and host the fair this year. Check out the school calendar for specific dates and times. This month, students will receive their progress report cards. This is a good time for parents and students to take stock on how things are going. Please plan to join us for parent/teacher interviews on Thursday, November 14 from 4-6 p.m., if you are able. The Book Fair will also be open during this time. There is so much more happening at the school than what can be listed here, so please check out our monthly calendar of events!

Catholic School Council

Parents Meeting and Working Hard for You!

This year, we are quite excited to have an active and vibrant Catholic School Council meeting and working hard for the benefit of our students! As the principal of this school, I feel it is important for us to capture the voice of everyone so we can make our school community grow to be the very best it can be. We've already had our first meeting in October and we look forward to an incredible school year ahead. I'd like to acknowledge everyone on our team: Chair Susan Traverse-Wong, Vice-Chair Stella Holloway, Secretary Krysta Tellenko, Parent Reps Ellen Balfe, Tina Dore, Kathy Fraser, Rachel Parolin, Meghan Simon, Nicole St. Jean, Tanya Turnbull, Joan Yawney-Matz, Staff Rep Moira Swiatek, Teacher Rep Monique Martin, Community Rep Lori Major, Student Reps Trevor Coulombe and Gabby Villeneuve, Student Alternates Avary Derry and Alorah Papa, and Principal Guy Mathieu. The agendas and minutes of our meetings will be available for viewing on our brand new school website (launching later this month). We encourage all parents to review this material online and don't be shy to reach out to anyone on council. The next meeting will be held on Monday, November 18, 2019.

In this issue:

Sacrament of Reconciliation 2

Having Rules at Home 2

Virtue of Justice/Peace 3

Celebrate the Sacrament of Reconciliation

at St. Kevin's Parish



Morning is God's way of saying one more time, "Go make a difference, touch a heart, encourage a mind, inspire a soul, and enjoy the day."

Is your son or daughter interested in preparing for and receiving the sacrament of reconciliation this year? This unique opportunity is open to all students at Immaculate Conception Catholic School who are at least in Grade 2 and are currently baptized.

The Sacrament of Reconciliation is one of the most unique and beautiful aspects of Catholicism. Jesus Christ, in His abundant love and mercy, established the Sacrament of Reconciliation so that we can obtain forgiveness for our sins and reconcile with God and the Church. Students taking

part in the sacrament of Reconciliation will also be provided with an opportunity to receive the sacrament of Holy First Communion in the spring of 2020. If you are interested in having your son or daughter

The Sacrament of Reconciliation is the most unique and beautiful aspects of Catholicism.

receive the sacraments this year, please fill out a registration form. These forms are available at the Immaculate Conception main office (upon request) and at St. Kevin's parish.

Meetings and classes will be held every Wednesday in November from 6-7 p.m. at St. Kevin's parish. The celebration and reception will be held on Saturday, November 30, 2019 at 11:00 a.m.



Navigating Social Challenges Ways to Increase Self-Confidence in Your Child

When parents are overly involved in their children's social lives, their kids can't develop the confidence and resilience they need to thrive. Swooping in and saving your child from every social challenge won't help him or her in the long run—it might actually hurt them.

Your child is more likely to establish healthy friendships and feel more sure of herself if she is armed with "social survival" skills. And these skills won't just help her navigate the playground successfully. They'll make her feel more confident in the classroom, too.

To help your child strengthen her social skills:

- Empower him to take action. If he comes to you with a problem, listen closely while he tells you about it. Say, "That sounds

frustrating. What did you do next?" Then, give him a chance to find his own solution. Sometimes, all kids need is someone to listen to them.

- Model resilience. Talk about your own struggles and how you faced them. Studies show that when children hear stories about how family members overcame obstacles, they become more resilient in the face of challenges.
- Teach her to be assertive. Help your child learn how to speak up for herself. When she wants something, ask her to make a strong case for it. Or, have a family debate night. When you encourage your child to speak up at home, she'll find her voice at school and in the world!

HAVING A SET OF HOUSE RULES



Children who are expected to follow rules at home are much more likely to follow rules at school. And when students follow the rules, there is more time for learning! To make rules memorable, create a set of house rules. These should be rules and consequences that govern the things that are your biggest concerns. In one family, it might be behaviour toward siblings. In another, it might be helping out around the house. Come up with a catchy phrase that sums up both the rule and the consequence. For example:

- If you hit, you sit. Any physical action toward a sibling will result in a time out.
- If you partake, you take part. Every family member has responsibility for meal time— from setting the table to clearing the dishes.

Pick up or pay up. If your child doesn't put her belongings away, place them in a closet. Once a week, she can earn them back by completing a small chore. It is important to model these expectations at home if we want children to follow the rules at school. Let's work together on these goals!

Faith and Life

FAMILY NEWSLETTER

Justice and Peace

Helping ourselves and our community

“We have all known the long loneliness and we have learned that the only solution is love and that love comes with community.”
—Dorothy Day

We often hear of injustice on the news—sad stories that tell of hatred, corruption and greed. Sometimes, it seems as though there is little we can do because these terrible events happen on the other side of town, our country, or the world. But as Christians we must realize that “there is no longer Jew or Greek, there is no longer slave or free, there is no longer male and female; for all of [us] are one in Christ Jesus.” This means that all humans, regardless of race or gender, are our brothers and sisters. If our siblings in God need our help we should be the first to offer assistance. Supporting a cause can help your family unite in bringing justice to the world. Your family ties will be stronger because you are helping to make the world a better place.

How can my family create a more just and peaceful world?

- Join the social justice committee at your Church and encourage your child to start a social justice group.
- Donate time and/or supplies to local and international aid organizations.
- Buy fair trade products and support grassroots organizations.
- Discuss issues such as racism, sexism, and intolerance with your children.

Fighting for justice doesn't have to be hard—small gifts, whether of time, money, or encouraging words, can go a long way!



REFLECTION

True peace goes hand in hand with justice. Peace is not merely the absence of war. Rather, the God-given peace that our creator desires for us, and to which living simply calls us, is built on justice, where everything and everyone in the created order is in right relationship with each other and can reach their God-given potential. It means seeing all humanity as our brothers and sisters and honouring other people's development, as well as our own. It also means building a future for the next generation.

PRAYER

Lord, make me an instrument of Your peace. Where there is hatred, let me sow love; where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; and where there is sadness, joy. O, Divine Master, grant that I may not so much seek to be consoled as to console; to be understood as to love; for it is in giving that we receive; it is in pardoning that we are pardoned; and it is in dying that we are born to eternal life.

—Prayer of St. Francis



Immaculate Conception Catholic School
1748 Pierre Street
Val Caron ON P3N 1C5
Phone: (705) 897-4483
Principal: Mr. G. Mathieu



Safe Arrival Policy - For safety reasons, all doors including the ones by the office are locked at all times. All visitors must report to the main office upon entering the school.

November 2019						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Parents, please call and let us know if your child will be late or absent. The phone number is (705) 897-4483	<u>Virtues of the Month: JUSTICE & PEACE</u>					Please No nuts, peanuts, tree nuts, sesame seeds/oil, sunflower seeds, shell fish or latex.
	Justice and peace are building blocks for developing moral intelligence in young people. From a young age, students have a strong sense of what is fair. As they grow, children develop the capacity to tell right from wrong and to make ethical decisions.					
ALL PARENTS/VISITORS ARE ASKED TO REMAIN IN THE LOBBY AREA.	Help us protect the future of Catholic education: ensure that your property taxes identify you as a Catholic school supporter. Call the school if you move or are not sure if you are presently a Catholic School supporter.			Visit the School Website at: http://immaculate.scdsb.edu.on.ca	1 All Saints Day Skating 1-2 p.m. Mme Martin Mme Larivière/Mundy Mrs. Mailloux	2 "Two wrongs don't make a right." Maxim
	3 Are you in Grade 2? Sacrament of Reconciliation packages are available at St. Kevin's Parish and at Immaculate Conception - First Meeting is Nov. 6	4 Picture Retakes Treaties Recognition Week	5 Subway	6 Popcorn (\$2.00) Pizza Day (\$1.25) Bus Evacuation 9:30 Reconciliation Meeting at St. Kevin 6-7 pm	7 Pita Pit	8 Student Council Spirit Day: Crazy Hat / Skating 1-2 p.m. Mme Martin Mrs. Lotter Mrs. Mailloux
10 "If you want peace, work for justice." Pope Paul VI	11 Remembrance Day Service and Virtue Assembly 10:45 a.m. Mme Mundy's Class Progress Report Cards Sent Home	12 Subway Book Fair is open today, Wed and Thurs. from 9:30 to 11:30 and from 1:00 to 3:00 p.m.	13 Popcorn (\$2.00) Pizza Day (\$1.25) Book Fair (Library) Reconciliation Class at St. Kevin 6-7 pm	14 Pita Pit Book Fair (Library) / Wear your moccasins to school tomorrow / Parent/Teacher Interviews 4-6 p.m.	15 Book Fair (AM Only) / Rock Your Mocs / Skating 1-2 p.m. Mrs. Lotter / Hayden Mme Larivière Mme Mundy	16 Louis Riel Day
17 Bullying Awareness Prevention Week	18 New Sub/Pita Order Forms Sent Home School Council Meeting 5-6 p.m.	19 Subway Wear cool socks today in support of 'No Bullying' 'Put a sock on bullying!'	20 Popcorn (\$2.00) Pizza Day (\$1.25) Oral Screening for JK, SK, and Gr. 2 / Reconciliation Class at St. Kevin 6-7 pm	21 Pita Pit	22 P.A. Day No school for students	23 Your Trustee: Michael Bellmore
24 "Do onto others as you would have them do unto you." The Golden Rule	25 Sub and Pita forms due: no late orders accepted FSL Students Celebrate la Ste-Catherine!	26 Subway	27 Popcorn (\$2.00) Pizza Day (\$1.25) Reconciliation Class and Rehearsal at St. Kevin 6-7 pm	28 Pita Pit Immaculate Conception: Creating Possibilities for Every Child!	29 Student Council Spirit Day: Hockey Jersey / Skating 1-2 p.m. Mrs. Hayden Mrs. Wissell Mrs. Bradley	30 Sacrament of Reconciliation at St. Kevin 11:00 AM Reception to follow