



Immaculate Conception Catholic School

January 2020 Newsletter

January 2020

Website: immaculate.scsdb.edu.on.ca

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Important Dates to Remember:

- Kindergarten Registrations — January 15
- Catholic School Council Meeting — January 20
- “Virtue of the Month” Presentation — January 29
- P.A. Day (no school for students) — January 31

A “Reboot” Can Help Your Child

Ways to Get Your Child Back on Track in the New Year

When you run into a problem on your laptop or smartphone, do you ever power it off and restart it? Rebooting a device can help it correct processing issues and start over.

If your child’s school year is not going as well as you’d hoped, it may be time to help him or her reboot, too! Here are a few ways to get back on track:

Make change a family affair. If you’ve decided that your child needs to spend more time doing homework, make study time quiet time for the whole family. You can work on paperwork or read while your child works.

Replace bad habits. Breaking a habit is hard. It’s much easier to put a different one in its place. If your child is in the habit of watching TV as soon as he or she walks in the door, suggest that they read for 30 minutes instead. They’ll still have a chance to relax—but will also strengthen their reading skills.

Get organized. This month, you can find lots of great-looking calendars available on sale. Look for one your child will enjoy using. Then help your child get into the habit of writing down things like the day the book

report is due and the days the family has hockey practice. That can help avoid a last-minute panic.

Celebrate successes. Help your child see the link between new habits and results. “You studied for that test and got nine out of 10 correct. That’s great!” The start of a new year is a traditional time for making resolutions. Why not help your child make some learning resolutions to help him or her finish the school year strong?

Start a conversation. Tell your child something you’ve resolved to change. “This year, I’m going to get more exercise and cut back on watching TV.” It’ll show the child that a resolution is really just a promise you make to yourself.

Get kids thinking. Are there things they struggled with in class? Nudge them toward making improvements. “You’ve had trouble getting your homework done on time. What could you do to fix that?” Creating a study routine, starting projects earlier, or organizing school supplies are three examples of things your child could resolve to do.

Kindergarten Registrations

January 15, 2020 at 6:00 p.m.

Will your child be 4 years old by December 31, 2020? Join us on January 15, 2020 at 6:00 p.m. for our JK Registration Night! Students will have an opportunity to meet the classroom teachers and early childhood educators, tour the classroom, receive a special treat, and register for Kindergarten.

At Immaculate Conception, you will see:

- positive teacher-student interactions
- students who feel safe, connected, and engaged
- clear, appropriate, and consistent expectations and consequences
- parental involvement
- collaborative relationships between the school leader and faculty as well as between faculty members
- focus on learning and high expectations for student achievement
- increased parental satisfaction

You are strongly encouraged to pre-register online before January 15. Go to our board’s website at www.sudburycatholicsschools.ca We hope to see you soon!

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A Visit to the Elizabeth Center



Grade 1 and 2 students from Mrs. Hayden, Mrs. Lotter and Mme Martin's classes paid a visit to the Elizabeth Center in December. The students spread the Christmas joy through song. What a special time!



Boost Success by Promoting a Growth Mindset

School is filled with challenges—and your child's success depends on how he or she responds to those challenges. Encourage your child to develop what researchers call a growth mindset.

A growth mindset determines how kids think about problems. Suppose, for example, your child is having trouble finding the answer to a math problem. Some kids would throw up their hands and say, "I'm not good at math"—and quit trying.

Children with a growth mindset believe that even if they can't do something now, they will be able to do it in the future.

But other kids would take another view. "This is a challenge and I love a challenge."

Children in the second group have a growth mindset. They believe that even if they can't do something now, they will be able to learn it in the future. They're more likely to stick with the problem—and solve it. You can encourage this mindset by praising your child's effort. "That project was challenging, but you stuck with it and finished it. I am so very proud of you!"

TEACH YOUR CHILD TO USE TIME WISELY

Time management is an important skill for school success. The school year is almost half over, so now is a good time to take a few minutes to think about whether you're helping your child use his or her time wisely.

Answer yes or no to each of the questions below:

Have you reviewed your child's homework and study schedule and made adjustments as necessary?

Do you use your family calendar to record dates for tests, projects and extracurricular activities?

Do you try to keep a balance between your child's activities and the rest of your lives? If your child is up past his or her bedtime every night finishing homework, it's time to cut back.

Do you help your child break down big assignments into smaller chunks?

Do you make sure that your child has some time each day for fun or relaxation?

How well are you doing? Each yes means you are helping your child learn to use time wisely. For no answers, try those ideas in the quiz.



Support Your Child's Reading Progress with 7 Strategies

Ways to Help Improve Reading Skills

You're proud of your child for learning to read. But remember that reading skills must be developed and maintained. The older your child gets, the more he or she will depend on them for learning.

To support your child's education and foster reading progress:

1. Go beyond books. Let your child select reading materials they like. Children don't have to limit themselves to books. Encourage your child to read comics, magazines, age-appropriate news articles, video game instructions and recipes.
2. Make connections. When you plan a trip, find books related to the location. Or, have your child read about historical events that happened near your home.
3. Build excitement. Make reading irresistible. Let your child stay up 15 minutes later to read in bed. Or, let him or her build a fort in their room and read by flashlight.

4. Role-play. Turn favorite books into family plays or movies. Add props and costumes.
5. Suggest your child joins (or start) a book club. Get friends together for book-related discussions, activities and snacks.
6. Set a timer. If your child resists reading, a timer might help. Say, "Read to me for three minutes. When the timer beeps, you can stop." Add a minute every few days.
7. Read aloud. Try reading more advanced books. When parents read to them, kids enjoy more challenging words and stories.

Re-reading is great for those times when you read the words but can't get them to make sense. It's also great for finding things you might have missed the first time. If there are any new words in the text, you'll see them again every time you read again, helping you remember them.

Faith and Life

FAMILY NEWSLETTER

Responsibility

Doing the right thing!

“Freedom consists not in doing what we like, but in having the right to do what we ought.”—Pope John Paul II

In January, we celebrate the virtue of responsibility. As we reflect on our role as parent, let us acknowledge that Mary is a great example for us. When Mary was very young, God told her she would give birth to Jesus. She could have turned away from God—but she chose to stay true to Him. Furthermore, she encouraged Jesus to follow through on His own mission from God. Mary’s dedication helps remind us of our own responsibilities as parents. As parents, we are responsible for teaching our children the value of life, the value of faith, and the value of perseverance. As parents, we are responsible for encouraging our children to do good for the world. Look to Mary’s example and encourage your children to be responsible and faithful individuals.

How can I encourage my children to be responsible and faithful people?

- Encourage your children to find out their missions from God.
- Teach your children that all life is valued.
- Talk to your children about their responsibilities to their grandparents, parents, and siblings.
- Model responsibility by helping people in the community.

As parents we have many responsibilities. Sometimes, these responsibilities can seem like a heavy load. Take time to reflect on your responsibilities as a parent—do you take care of your responsibilities with honor and pride?



LET US PRAY

*Lord Jesus,
Throughout this month of January,
we pray for the gift of responsibility
in our lives. May we learn to accept
that we are accountable both for all
the decisions we make as well as for
the consequences of our choices.
Good decisions bring us good
consequences. Poor decisions bring
us consequences that teach us to
make better choices next time. For
the gift of responsibility, we pray to
the Lord, our God. Amen.*

*Dear God,
During these days of Ordinary
Time, we ask you to forgive us for
the times we have hurt others
through our words and deeds, for
the times we have been mean or
unkind, for the times we have
thought only of ourselves. Remind
us that we are accountable for our
actions and that we can do better.
Through assuming ownership of
our decisions, we can learn to be
kind and to be inclusive of others
more consistently.
Amen.*



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Safe Arrival Policy - For safety reasons, all doors including the ones by the office are locked at all times. All visitors must report to the main office upon entering the school and sign our visitor's guestbook.

January 2020						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Parents, please call and let us know if your child will be late or absent. The phone number is (705) 897-4483	<u>Virtue of the Month: RESPONSIBILITY</u>					Please: No nuts, peanuts, tree nuts, sesame seeds/oil, sunflower seeds, shell fish or latex.
	During the month of January, our school is celebrating the virtue of responsibility. The staff will work with students to develop models that enable them to make good and conscientious decisions based on scriptural values. We will also remind our learners of the importance of being able to say "sorry" when we make mistakes and to act correctly, as Jesus would have, in these situations. Please help us by praying for the staff and students as we explore this important virtue.					
Help us protect the future of Catholic education: ensure that your property taxes identify you as a Catholic school supporter. Call the school if you move or are not sure if you are presently a Catholic School supporter.			1 Happy New Year!	2 Board Holiday No School	3 Board Holiday No School	4 "Some choices may be unbelievably hard but they're never impossible."
5 Join us for mass at St. Kevin's every Sunday at 9:30 a.m.	6 Welcome Back! Epiphany of the Lord	7 Subway Buffalo White Circles with Joel Agowissa in the gym (all day)	8 Popcorn (\$2.00) Pizza Day (\$1.25) Northern Fruits and Vegetables program starts this week	9 Pita Pit Marymount Academy "Open House" Doors Open 6:30 p.m. Presentation 7:00 p.m.	10 School Spirit Day: Hawaiian	11 Join us for mass at St. Kevin's every Saturday at 5:00 p.m.
12 Baptism of the Lord	13 "The right thing to do and the hard thing to do are usually the same."	14 Subway Volleyball Team: Lunch Practice every Tuesday this month	15 Popcorn (\$2.00) Pizza Day (\$1.25) Kindergarten Registrations 6:00 pm	16 Pita Pit School superintendent Visit	17	18 "Some of the most beautiful things we have in life come from our mistakes."
19 "Freedom is the will to be responsible for ourselves."	20 Catholic School Council Meeting 5:00 p.m.	21 Subway Board Meeting 6:00 p.m.	22 Popcorn (\$2.00) Pizza Day (\$1.25) School Improvement Planning Day	23 Pita Pit Volleyball Team: Lunch Practice every Thursday this month	24 School Spirit Day: Crazy Socks	25 Your Trustee: Michael Bellmore
26 Join us for mass at Our Lady of Peace Capreol every Sunday at 11:30 a.m.	27 Family Literacy Day! 10:45 to 11:45 a.m. Family members are welcome to join us.	28 Subway Tomorrow is Bell "Let's Talk" Day for Mental Health	29 Popcorn (\$2.00) Pizza Day (\$1.25) "Virtue of the Month" Assembly 2:00 pm Mme Larivière's class	30 Pita Pit Read with your child for 15 minutes tonight	31 P.A. Day – No school for students	ALL PARENTS / VISITORS ARE ASKED TO REMAIN IN THE LOBBY AREA.